

Mitsitam Native Foods Cafe

2009/2010 Winter Menu

Northern Woodlands

Appetizer:

Baked Oysters, Maple Juniper Cream \$ 7.25

Soup:

Pumpkin Soup, Spiced Pumpkin Seeds Cup \$ 4.75 Bowl \$ 6.25

Wild Mushroom Soup, Fried Mushrooms Cup \$ 4.75 Bowl \$ 6.25

Main Dishes:

Grilled Venison, Caramelized Wild Onions, Wild Garlic, Dried Berry Sauce \$10.50 with 2 Sides \$16.50

Maple-brined Turkey Cranberry Crabapple Relish \$9.50 with 2 Sides \$15.50

Hot Side Dishes:

Fire Roasted Sunchoke, Apple Butter \$3.25

Wilted Dandelion Greens, Roasted Onions, Maple Syrup \$3.25

Cold Side Dishes:

Wild Rice and Watercress Salad \$3.25

Smoked Duck, Dried Corn, Late Winter Squash \$3.25

Pumpkin Corn Bread \$2.50

Sweets:

Cranberry Pudding \$4.50

Agua Fresca:

Mint and Peanut \$3.25

Kids Meal:

Fry Bread Grilled Cheese, Whole Fruit, Bottled Water or Fountain Soda \$7.25

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South America

Appetizer:

Beef Escabeche, Hearts Palm Salad, Smoked Olive Oil \$7.25

Soup:

South American Fish Stew, Avocado Salsa Cup \$4.75 Bowl \$6.25

Roasted Chicken, Coconut Soup, Coconut Ceviche Cup \$4.75 Bowl \$6.25

Main Dishes:

Chicken Tamale with Peanut Sauce \$ 7.75 with 2 Sides \$13.75

Vegetable Tamale with Peanut Sauce \$ 7.75 with 2 Sides \$13.75

Adobe Rubbed Loin of Pork \$11.95 with 2 Sides \$17.95

Hot Side Dishes:

Papa Ala Huancaína \$3.25

Stewed Tomato, Squash Casula, Aji Panco \$3.25

Cold Side Dishes:

Jicama, Nopales Salad, Citrus Olive Oil \$3.25

Amaranth, Carica Salad \$3.25

Sweets:

Guava Flan \$4.95

Blue Corn Bread \$2.50

Agua Fresca:

Chilean Myrtle Berry \$3.25

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Northwest Coast

Soup:

Razor Clam Chowder, Fried Razor Clams Cup \$4.75 Bowl \$6.25

Main Dishes:

Cedar Planked Fire-Roasted Juniper Salmon \$11.75 with 2 sides \$ 17.50

Grilled Bison Wild Garlic Rubbed Hanger Steak Choke Cherry Chutney \$14.95 with 2 sides \$ 20.95

Hot Side Dishes:

Roasted Salsify Root, Dried Blueberries \$ 3.25

Sweet Potato Puree, Birch Bark Syrup Drizzle \$ 3.25

Cold Side Dishes:

Roasted Wild Mushrooms, Sun Dried Tomatoes, Parched Corn \$ 3.25

Wild Rice Salad \$ 3.25

Sweets:

Pumpkin Hazel Nut Cake, Maple Cream \$ 4.95

Value Meal:

Five Region Sampler Platter \$ 25.95

Bison and Roasted Salmon

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Meso America

Main Dishes:

Spinach, Plantain Burrito, Red Chili Sauce \$7.75 with 2 Sides \$13.75

Main Dish Taco

Yellow Corn or Soft Flour Tortillas 2 each \$7.85 with 2 Sides \$13.85

Chicken, Ancho Chili, Tomatillo Mole

Beef, Calabasas Squash, Pumpkin Seed Mole

Totopos

\$5.50

Blue, Red and Yellow Corn Chips & Salsa

Corn Chips with Guacamole

\$6.00

Totopos with Carne

\$7.95

Choice of Chicken, Beef with

Cotija Cheese and choice of Salsa

Side Dishes:

Sweet Corn Rice with Huitlacoche

\$3.25

Annatto Roasted Carrots

\$3.25

Salsa and Guacamole:

Black Bean Salsa

\$.75

Mango Salsa

\$.75

Salsa Quamada

\$.75

Cotija Cheese

\$.75

Sour Cream

\$.75

Guacamole

\$1.50

Sweets & Snacks:

Spiced Pepitas

\$2.95

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Great Plains

Chili:

Buffalo Chili Cup \$ 4.90 Bowl \$ 6.60

Main Dishes:

Indian Taco \$ 11.00

Buffalo Chili on Fry Bread with Pickled Chiles &
Pinto Beans, Lettuce, Tomato and shredded Cheese

Chipotle Chicken Taco

Grilled Chipotle Chicken on Fry Bread, Lettuce, Tomato and Shredded Cheese \$8.95

Add Guacamole \$1.50

Burgers and Sandwiches:

Campfire Buffalo Burger

Served with Green Chilies \$ 6.95

Served with Cheese \$ 7.35

Pulled Buffalo Sandwich w/ Chayote Squash Slaw on Whole Wheat Kaiser Roll \$ 9.50

Chicken Tenders with Fries \$ 6.75

Hot Side Dishes:

Spicy Chile Fries \$ 3.50

Fry Bread with Cinnamon and Honey \$ 3.00

With Wild Berry Chili Compote \$ 3.50

Cold Side Dishes:

Wild Onion, Red Beet and Cucumber Salad \$ 3.25

Heirloom Bean Succotash Salad \$ 3.25

Kids Meal:

Chicken Tenders, Fries, Fountain beverage and Whole Fruit \$ 7.50

Sweets & Snacks:

Carmel Popcorn Balls \$ 4.95

Mesquite Pinon Cookies (3 per package) \$3.50

Sarsaparilla, Lavender Tea \$3.50

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Dessert Items:

Pinenut and Rosemary Tart
Chocolate Tart
Coconut Macaroons Dipped in Chocolate
Strawberry Tart
Blueberry Tart
Blackberry Tart
Pecan Tree Bark
Mesquite Pinon Cookies
Blue Corn Zucchini Cake
Guava Tapioca Pudding
Maple Walnut Cake
Dried Fruit Bread Pudding
Brownies
Chocolate Chip Cookies
Oatmeal Raisin
Honey Granola
Apple Crumble with Sweet Nuts and Grains
Hazelnut Cake with Beach Plum Jam
Yellow Corn Pudding
Sweet Potato Pie with Whipped Honey
Mexican Rice Pudding with Cinnamon and Raisins
Caramel Popcorn Balls